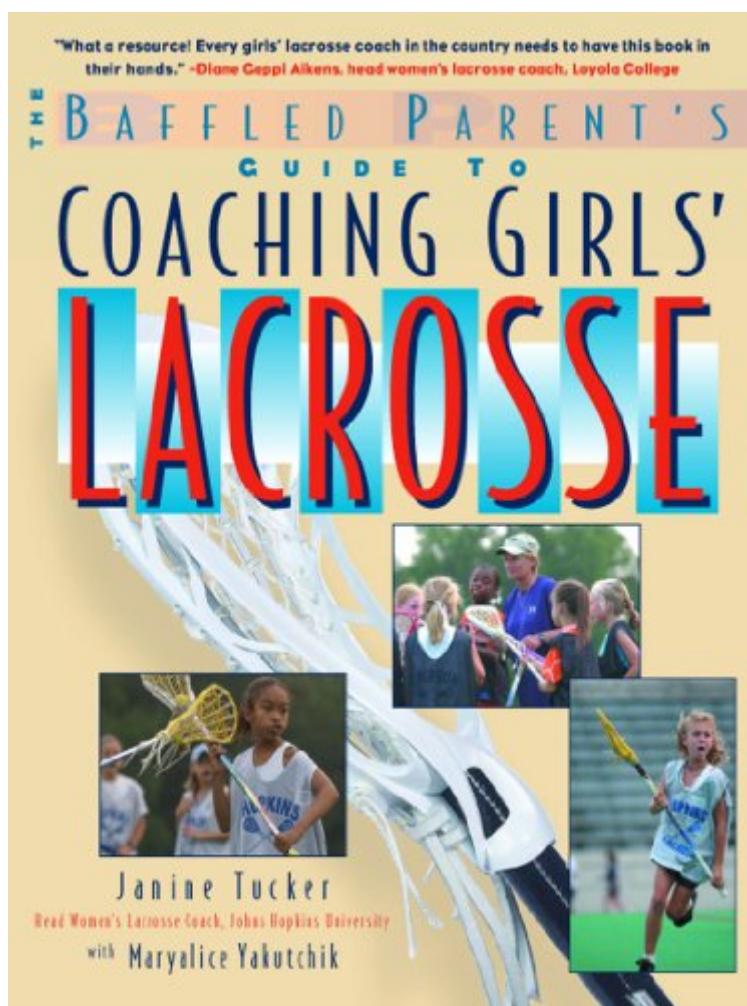


The book was found

The Baffled Parent's Guide To Coaching Girls' Lacrosse (Baffled Parent's Guides)



Synopsis

Lacrosse is one of the nation's fastest-growing youth sports, and the girls' game is overtaking the boys'. Played with different rules and tactics, girls' lacrosse requires its own specialized guidebook. Friendly and encouraging, *Coaching Girls' Lacrosse* is the first book to provide the fundamentals every unprepared parent needs to teach and motivate a team of 6- to 12-year-olds.

Book Information

File Size: 22888 KB

Print Length: 192 pages

Publisher: International Marine/Ragged Mountain Press; 1 edition (April 22, 2003)

Publication Date: April 22, 2003

Sold by: Digital Services LLC

Language: English

ASIN: B00938V4YQ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,031,926 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #24

in Kindle Store > Kindle eBooks > Nonfiction > Sports > Other Team Sports > Lacrosse #79

in Books > Sports & Outdoors > Other Team Sports > Lacrosse #1013 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Outdoors & Nature > Hiking & Camping > Instructional

Customer Reviews

My daughters' team needed an assistant coach, I volunteered. Then the head coach was injured and they needed a new head coach, I volunteered. All this happened in less than 24 hours. Having never played lacrosse, I was mortified. I turned to and found this book. Another coach recommended it and I bought it hardcopy and read it cover to cover. I then got the kindle version to use with my iPad during practices. The title of the book says it all. This book explained what I needed to know and how to set up my practices and what to emphasize. My assistant coach downloaded it too so we would be on the same page with respect to the drills we would be running. I can't imagine this endeavor without this book as a guide.

This is a great book. My fiance played in college and recently started coaching at the college level. I knew nothing about the sport and this book saved me! Between reading this and going to all of the home games, I was running the clock by the end of the season. I highly recommend this book to anyone just getting into the sport.

I have used the drills in this book to coach all levels of the women's game. From junior ball, to high school, and even college club there are drills for all. The drills are extremely easy to understand and explained well. The best part is that they have a "rating" next to each so that you know if you're dealing with a drill for beginners or more advanced players (which is such a help when dealing with the junior and hs level). I have recommended this book for years and will continue to do so.

Great for those new to coaching. It gives good general overviews of bigger concepts and breaks it down to more in depth ideas. Has sections for specific drills (easy to complex). The one thing this book can't magically improve is skill; that comes with time spent with the ball in stick!

Very helpful for a new coach!! I like that includes drills.

My 10 year old just got into lacrosse this fall. I knew nothing about the game. This book is great. Considering my coaching history I am sure I will be suckered into coaching in the youth program. This book is of great benefit for this.

Great book for a beginning coach.

A bit dated

[Download to continue reading...](#)

The Baffled Parent's Guide to Coaching Girls' Lacrosse (Baffled Parent's Guides) The Baffled Parent's Guide to Coaching Tee Ball (Baffled Parent's Guides) The Baffled Parent's Guide to Coaching Youth Soccer (Baffled Parent's Guides) The Baffled Parent's Guide to Coaching 6-and-Under Soccer (Baffled Parent's Guides) The Baffled Parent's Guide to Coaching Youth Hockey (Baffled Parent's Guides) Coaching Girls' Lacrosse: A Baffled Parent's Guide The Baffled Parent's Guide to Great Soccer Drills (Baffled Parent's Guides) Coaching Boys' Lacrosse: A Baffled Parent's Guide The Baffled Parent's Guide to Coaching Youth Soccer Coaching Tee Ball : The

Baffled Parent's Guide Coaching Youth Softball: A Baffled Parent's Guide The Baffled Parent's Guide to Coaching Youth Basketball Coaching Girls' Softball: From the How-To's of the Game to Practical Real-World Advice--Your Definitive Guide to Successfully Coaching Girls Winning Lacrosse for Girls (Winning Sports for Girls) (Winning Sports for Girls (Paperback)) Coaching Girls Lacrosse: 50 Drills Every Coach Should Know Ultimate Guide to Weight Training for Lacrosse (Ultimate Guide to Weight Training: Lacrosse) Life Coaching: Complete Blueprint to Becoming a Powerful Influential Life Coach (Life coaching, Life improvement, positive thinking, coaching, better leadership, goals, consulting) Life Coaching: Life Coaching Blueprint: Save a Life One Person at a Time (Bonus 30 Minute Life Coaching Session - How to Motivate, Inspire, Change Your Life) Life Coaching: Life Coaching Blueprint: Save A Life One Person At A Time (BONUS 30MINUTE Life Coaching Session- How To Motivate, Inspire, Change Your Life) Lake Zurich Lacrosse Club Guide to Winning Lacrosse and the Game of Life: Lessons Learned From Thrive Project for America Training

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)